

Luggage & Packing List

Introduction

During the 2025 KTC Israel Trip, the northern hemisphere experiences the beginning of winter. Different parts of Israel have diverse climates and the best way to deal with temperature variations is by layering and a very good jacket/coat. Please take note of the BHS / GHS dress code guidelines to ensure that you pack appropriately for the trip.

Avoid bringing any expensive jewellery and keep cash to a minimum – use of a debit/credit card is suggested.

Suitcases / Luggage

- Checked Bag - Girls trip **MUST NOT weigh more than 35kg**
Boys trip **MUST NOT weigh more than 30kg**

Any student with overweight luggage at the airport will be required to leave things behind. No student is permitted to pay extra for an additional bag or additional weight.

- Carry-on - 7kg Max. We recommend travelling with a back pack. Roll on luggage is bulky and hard to move around from place to place.
- Smaller backpack / or day bag to use for hikes or day trips.

Packing List for carry-on for the plane:

- An extra change of clothes, underwear and socks (better safe than sorry)
- Toothbrush and small toothpaste (less than 100ml)
- Jacket / hoodie
- Phone – ensure it is unlocked, otherwise the Israeli sim won't work
- Any medication required
- Food, snacks and anything else you will need while travelling
- Chitas / books / reading material / journal / **Tefillin for boys**
- **Siddur – compulsory for all students to bring a siddur – davening from a phone will not be allowed**

Toiletries enough for at least the first 2 weeks:

Our hotels provide all sheets, pillows, blankets and towels

- Spare toothbrush / Toothpaste
- Hairbrush
- Shampoo / conditioner
- Soap / Deodorant



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Packing List - please pack enough for 14 days

There will be 3 laundry days throughout the trip

BOYS	GIRLS
Underwear / socks	Underwear / socks / stockings / leggings
T-shirts, long sleeved shirts, button down shirts	T-shirts/elbow length, long sleeve shirts
Jeans / chinos / suitable long pants / tracksuit pants	Skirts of appropriate length
Sweatshirt / hoodies / jackets / jumpers	Cardigans / jumpers / hoodies
Warm weather jacket	Warm weather jacket
Light weight jacket for rain	Light weight jacket for rain
Gloves, scarf, beanie	Gloves, scarf, beanie
Pyjamas	Pyjamas
Baseball cap or other hat	Baseball cap or other hat
Button down shirts for Shabbos / Shabbos pants	Appropriate clothes for Shabbos
Cheap Kmart towel for yam hamelach – Optional	Cheap Kmart towel for yam hamelach – Optional
Swimmers for Yam Hamelach	Swimmers for Yam Hamelach
Waterproof hiking / walking shoes / boots	Waterproof hiking / walking shoes / boots
Comfy sneakers for everyday walking	Comfy sneakers for everyday walking
Shabbos shoes	Shabbos shoes
Tzitzis, yarmulkas, Hat and Jacket for davening	Please note: Heels are not suitable as we do a lot of walking, especially on Shabbos

